

## Dorchester House May Gym Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
8:00 AM						Martial Arts				
8:30 AM										
9:00 AM										
9:30 AM										
10:00 AM						Diabetes Advanced Group Fitness	Mommy & Me Movement	Senior Tai Chi	DH Staff Fitness	SportsPlus Basketball
10:30 AM										
11:00 AM										
11:30 AM										
12:00 PM	DH Staff Fitness	DH Staff Fitness	DH Staff Fitness			ABIL Basketball				
12:30 PM				DH Staff Fitness						
1:00 PM				DH Staff Fitness						
1:30 PM										
2:00 PM	Safe City Basketball	Safe City Basketball	TEEN CENTER	Safe City Basketball	TEEN CENTER					
2:30 PM										
3:00 PM										
3:30 PM										
4:00 PM	TEEN CENTER (GIRLS ONLY)	Asthma Swim	TEEN CENTER (GIRLS ONLY)	Asthma	ATLAS	GYM CLOSSES @ 4PM				
4:30 PM										
5:00 PM	ATLAS	STEP-UP	Martial Arts	TEEN CENTER						
5:30 PM										
6:00 PM	First Hoops	Sports Plus Soccer	ABIL Basketball	Strela Negra Soccer	Sports Plus Basketball					
6:30 PM										
7:00 PM										
7:30 PM		Adult Basketball								
8:00 PM										
9:00 PM										